

Stake in the Ground 2013 / 2014

Name	04-Mar	11-Dec	02-Oct	Best Ever Time	PB - Y/N?	Difference from PB
Gary ??	00:16:29			?	1st Run?	
Lee Bowden	00:16:43	00:17:32		00:16:35		00:00:08
Gaynor Keane	00:16:52			00:17:09	Y	00:00:17
James Sheard	00:16:57			00:16:37		00:00:20
Howard Chambers	00:17:03	00:16:59		00:16:03		00:01:00
Luke Higgins	00:17:20		00:17:28	00:17:28	Y	00:00:08
Mark Bowden	00:17:36			00:16:48		00:00:48
Jon Comyn-platt	00:17:49	00:18:06	00:17:24	00:17:24		00:00:25
Richard Gee	00:18:21	00:17:43		00:17:43		00:00:38
Alice Mclane	00:18:39	00:19:37	00:20:48	00:19:37	Y	00:00:58
Alan Keane	00:18:43			00:19:42	Y	00:00:59
Helena Butler	00:18:58	00:18:30	00:19:16	00:18:30		00:00:28
Cris Miles	00:19:08	00:19:36	00:19:51	00:17:39		00:01:29
Charlie Barlow	00:19:20			00:18:45		00:00:35
Tanya Haynes	00:19:33	00:19:37		00:19:37	Y	00:00:04
Roberto	00:19:37		00:20:00	00:20:00	Y	00:00:23
Amy ??	00:19:38			?	1st Run?	
Natasha Goggin	00:19:52		00:19:34	00:19:31		00:00:21
Carl Chambers	00:20:06				1st Run!	
Sandrine Fraisse	00:20:06	00:20:20	00:22:10	00:19:31		00:00:35
Sharon Lever	00:20:52	00:21:20		00:20:38		00:00:14
Dominic Edwards	00:21:00			N/A	1st Run!	
Monica B	00:21:36			00:21:35		00:00:01
Nicky Snook	00:21:46		00:22:07	00:20:47		00:00:59
Sarah Manton	00:21:47			N/A	1st Run!	
Tony Greene	00:23:08		00:22:53	00:19:31		00:03:37
Steph ??	00:25:19				1st Run!	00:25:19
Stuart Hutchison		00:16:23	00:17:01	00:16:08		
Richard Sample		00:16:40	00:16:47	00:16:20		
Mark Brakspear		00:18:45		00:17:33		
Mark Heywood		00:18:58		00:18:58		
Shirley Doyle		00:19:04	00:18:45	00:18:45		
Martyn Hodgson		00:19:42		00:19:42		
Andy Essex		00:19:45		00:19:45		
Julie O'Regan		00:20:47		00:20:47		
Ruth Hutchison		00:21:31		00:19:56		
Debra Comyn-platt		00:23:09	00:22:24	00:22:24		
Colin Bishop			00:15:07	00:14:31		
Adam King			00:16:00	00:15:13		
Gary Ford			00:16:33	00:16:33		
Lee Copplestone			00:18:20	00:18:20		
Nick Haynes			00:18:58	00:20:05		
Gemma Brown			00:19:56	00:19:56		

Jo Ogden			00:20:14	00:19:38		
Alice Mclane			00:20:48	00:20:48		
Alan Tuckey			00:29:35	00:29:35		
Tish Tuckey			00:30:12	00:30:12		
Sheila W			??	00:18:54		

Course Record Men	Colin Bishop	00:14:31
Course Record Women	Gaynor Keane	00:16:52